

JUST A LITTLE meal plan

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
CHILDREN	<p>Picnic Tea - Sandwiches, Fruit, Crisps, Yogurt, Naked Bar, Cookies</p>	<p>Salmon, Broccoli & Cream Tagliatelle (see my food stories highlight for the recipe)</p> <p>Muller Corner</p>	<p>Macaroni Cheese with Sweetcorn</p> <p>Choc Custard Pots</p>	<p>Chicken Korma with Basmati Rice & Popadoms</p> <p>Angel Delight</p>	<p>Hake Panko Goujons, Homemade Chips & Green Beans</p> <p>Strawberries & Ice Cream</p>	<p>Tomato Soup and French Bread</p> <p>Fish Pie, Peas & Sweetcorn</p> <p>Apple & Blackberry Crumble</p>	<p>Pizzas</p> <p>Chicken Roast Dinner</p> <p>Homemade Choc Cake with Choc Custard</p>
ADULTS	<p>Linguine Con Funghi</p>	<p>Salmon Potatoe Bake</p>	<p>Punjabi-Style Black Dal with Cumin Rice</p>	<p>Creamy Feta, Potato & Veg Pie</p>	<p>Thai Green Vegetable Curry with Lime</p>	<p>Mediterranean Veg/ Pasta Soup & Bread</p> <p>Fish Pie, Peas & Sweetcorn</p> <p>Apple & Blackberry Crumble</p>	<p>Pizzas</p> <p>Lentil Sheperd's Pie</p> <p>Homemade Choc Cake with Choc Custard</p>